The Sons of the Rock Society SCIO trading as Forthgiving

Annual report and financial statements

for the year ended 31 August 2022

Contents

	Page
Legal and Administrative information	1
Trustees' Report	2-6
Independent Examiner's report	7
Income and Expenditure Account	8-9
Balance sheet	10
Notes to the Financial Statements	11-13

Legal and administrative information

Trustees

The trustees present their report with the financial statements of the charity for the year ended 31 August 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The charity was registered as a SCIO on 20 April 2022. The charity was previously a company limited by guarantee but changed it's legal form to a SCIO on 20 April 2022. The assets of the company limited by guarantee were transferred to the SCIO on 20 April 2022. It has a two tier structure in which the Trustees are elected by the members of the charity.

Preses

Vice Preses

Treasurer

The Trustees serving during the year were as follows:

Mrs Ellen Dickie

Mr David Shaun Nesbitt

Mr John Gold Mr Murray Dickie

Mrs Alice Cecilia Dunphy

Mrs Kirsty Rockey

Ms Bethia Mary Hamilton

Mrs Alison Laurie

Secretary CLEAR Services Ltd

Treasurer Mr John Gold

Charity Number SC009124

Website www.forthgiving.org.uk

CLEAR Services 23 King Street

Doune FK16 6DN

Independent Examiner

Registered office

Roy G Hogg

Kings Park House

Stirling FK7 9JQ

Investment Managers

Evelyn Partners

206 St Vincent Street

Glasgow G2 5SG

Trustees' report for the year ended 31 August 2022

The Trustees are pleased to present the report and financial statements for the year ended 31 August 2022. The report is prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (New SORP).

For the purposes of interpretation, the title 'forthgiving' refers to the trading name adopted by the charity and is recognised as such by the Office of the Scottish Charity Regulator (OSCR) on the Scottish Charity Register.

Principal Activity and Review of Activities

The principal activity of the charity remains the provision of financial assistance by way of grants to pensioners, other individuals, community groups and local charitable organisations in the Stirling and Falkirk and Clackmannanshire districts of Scotland whose circumstances meet our criteria for support.

The past year has seen a continuing high demand for financial support from people in crisis, which is reflected in the grant awards made by the charity. Steps taken by the Trustees to implement changes to the charity's legal status and governance reached fruition with members' unanimous approval of resolutions passed at an Extraordinary General Meeting held on 27th September 2021 to approve an application to OSCR for conversion to a Scottish Charitable Incorporated Organisation and adopt a new Constitution for that body for that purpose. OSCR gave written confirmation of The Sons of the Rock Society SCIO with effect from 20th April 2022.

The Society's small grants provide a specific and practical means of improving the quality of life for people and groups who are disadvantaged or severely challenged by physical or mental disability, financial hardship, or lack of opportunity. The Society's ability to target its grants in this way depends on its working partnerships with voluntary sector agencies and others providing support services within Stirling and Falkirk Council areas. Our Trustees and Secretary review these arrangements regularly, and forthgiving attendance at annual funding fairs held in Stirling and Grangemouth continues to keep our grants programme in the public eye.

The use of online grant application forms via our website, and our flexible approach to fast tracking urgent applications on arrival, has boosted the numbers of individuals and families we have supported. Over the past year we have also awarded in-kind grants of good quality used furniture and white goods where these can meet applicants' needs effectively, in partnership with the British Heart Foundation and Strathcarron Hospice charity stores in Falkirk. The list of 25 individual grants shown below reflects a wide variety of requests from people in serious financial need, endorsed by local independent referees. The continuation of our block grant to Start Up Stirling and a new block grant to Falkirk Trinity Church has extended the scope of our grants programme through these organisations' Food Bank support service and provision of free school clothing respectively.

Trustees most grateful to all members and donors whose support is fully allocated to the *forthgiving* grants programme budget. Special thanks are due to the Garnett Charitable Trust and St Modoc's Episcopal Church, Doune for their generous donations during this period.

Trustees' report for the year ended 31 August 2022

The 2021 Annual Gathering and AGM was postponed twice, as Trustees felt a live meeting was necessary to ensure a meaningful outcome for the accompanying EGM to approve the changes to the company's governance as noted above. Eventually, both Meetings took place on 27th September at Arnotdale House, Dollar Park in Falkirk, attended by 25 members and guests. The programme included a visit to the adjoining walled garden which has been restored by trainees and volunteers of the Cyrenians Falkirk group with grant support from *Forthgiving*. At the AGM, Ellen Dickie was appointed as Preses / Chair for the coming year, with Shaun Nesbitt as Vice Preses.

The Board of Trustees met four times during the year, and individual Trustees continue to play an essential active role in publicising the charity's work and in maintaining the content of the new forthgiving website and on social media. We are most grateful to the Stevenson family in organising challenge fundraising events in aid of the grants programme. George Stevenson's work in negotiating the purchase and delivery of used furniture from charity stores for individual grant awardees, noted below, has extended the scope of our grants budget and promotes a message of environmental responsibility.

The Trustees and Secretary continue to monitor the financial and operational affairs of the charity, including the performance of its investment portfolio under Evelyn Partners as investment managers, and changes in the regulation of charity governance.

Financial Review and Performance

The Society's income from donations, events and investments amounted to £14,021 (2021: £10,536) Expenditure on charitable activities, cost of generating funds and governance amounted to £12,649 (2021: £14,262)

There is currently one pensioner within the Stirling and Falkirk catchment area who receives a pension payment in May of £200 and a Christmas gift of £100 during the year.

Trustees' report for the year ended 31 August 2022

During the year Trustees awarded grants totalling £7,111 as summarised in the list below.

£329 to Cyrenians Falkirk for a new seating bench in the walled garden at Dollar Park as part of the charity's ongoing volunteer skills training programme.

£1,000 to Wee County Veterans & Supporters Group to fund a storage facility in Tillicoultry for a free furniture recycling project for local veterans, run from the charity's new drop-in centre in Sauchie.

£2,477 to 11 individual clients of Stirling Council Advice Services, Social Work and Parent & Family Support teams, for the purchase of electrical white goods, mattresses, bunk beds, bedroom furniture, carpeting and vinyl flooring, sofa bed, and replacement of broken windows.

£1,135 to 6 individual clients of Falkirk Council Employment Training Unit and Community Advice Services for the purchase of electrical white goods, mobile phone top-up, clothing / shoes, and replacement of a broken front door.

£364 to two individual clients of Shakti Women's Aid, Grangemouth for the purchase of a double bed mattress for a victim of domestic abuse, and a rucksack and stationery for a student attendee on a College course.

£336 to a client of Macmillan Money Matters, Stirling for an emergency contribution towards his heating costs.

£570 to two clients of **Home-Start Stirling** to purchase replacement bunk beds and mattresses for young families with health issues in need.

£500 to an elderly client of SSAFA Forth Valley Branch towards the cost of installing a new disability shower unit for the widow of a veteran.

£400 to a client of Stirling and District Citizens Advice Bureau to purchase furniture, curtains and a cooker.

Several grant applications were approved in principle by Trustees but subsequently withdrawn due to the changing circumstances of applicants.

Trustees' report for the year ended 31 August 2022

Organisation and policies of the Society

The Sons of the Rock Society SCIO is governed under the Constitution adopted in 2021 and approved by OSCR.

Trustees are elected by a majority of voting members at the Annual General Meeting. The Trustees meet quarterly to conduct the business of the Society, and regularly communicate between meetings. The Trustees may invest the funds of the Society in any way authorised by current charity legislation. The Trustees act on behalf of the Society's members in making grants to individuals and organisations located within the Stirling and Falkirk districts of central Scotland. Full details of the grants policy guidelines and application forms are published on the Society's website.

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to its operations and finances, and are satisfied that systems are in place to mitigate these. The Trustees follow a policy of maintaining a minimum bank balance of £8,000 at any time.

Future plans

During the coming year, the charity will continue to promote the *forthgiving* trading name via the website as the charity's public brand and extend the scope of the grants programme across the Forth Valley area. We will also seek to expand the charity's donor base and the resulting income stream available to the grants budget, continuing to focus on individuals, community groups and smaller local charities.

Trustees and their interests

The trustees who served during the year and their interests in the charity are set out on the Legal and Administration Information page.

No trustee had a financial interest in the charity.

Trustees' report for the year ended 31 August 2022

Trustees' responsibilities

Charity law as regulated by OSCR requires the Trustees to prepare financial statements for each financial year. In preparing these financial statements the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;

Ellen Dukie

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Board on 30 March 2023 and signed on its behalf by:

Ellen Dickie

Preses

Independent Examiner's Report to the Trustees of The Sons of the Rock Society SCIO

I report on the accounts of the charity for the year ended 31 August 2022 which are set out on pages 8 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention which gives reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations

have not been met.

In my opinion there are no other matters to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Roy G Hogg Kings Park House Stirling

Stirling FK7 9JQ

Date: 18/Apr1/2023

Page 7

Statement of Financial Activities including Income and Expenditure Account for the year ended 31 August 2022

	Unrestricted	Restricted	Total	2021
	£	£	£	£
Incoming Resources				
Activities for generating funds:				
Members meetings & events	2,264	-	2,264	50
Donations from members	2,510	i -	2,510	3,271
Income from investments	6,797	-	6,797	5,965
Donations received from third parties	2,450	_	2,450	1,250
Total incoming resources	14,021	-	14,021	10,536
Resources expended				
Charitable activities:				
Pensions & gifts	(350)	-	(350)	(350)
Grants & donations	(7,111)	-	(7,111)	(8,596)
Administering grant programmes	(2,185)	-	(2,185)	(1,973)
Cost of generating funds:				
Members meetings & events	(300)	-	(300)	-
Advertising & website costs	(168)	-	(168)	(708)
Governance costs:				
Accountant's fees	(252)	-	(252)	(252)
Fund manager's fees	(1,217)	-	(1,217)	(1,153)
Secretary's fees	(1,066)	_	(1,066)	(1,230)
Total Resources expended	(12,649)	-	(12,649)	(14,262)
Surplus/(deficit) for the year	1,372		1,372	(3,725)
Other recognised gains and losses:				
Realised surplus/(deficit) on sale of investments	246	-	246	8,960
Reversal of unrealised gain/(deficit) on investments sold	(223)	-	(223)	(5,570)
Unrealised surplus/(deficit) arising from revaluation	3,490	-	3,490	22,740
of fixed asset investments at year end				
Net movement in funds	3,513	-	3,513	26,130
Funds at 31 August 2021	181,182	-	181,182	158,777
Funds at 31 August 2022	186,067		186,067	181,182

Page 8

The notes on pages 11 to 13 form an integral part of these financial statements.

Statement of Financial Activities including Income and Expenditure Account for the year ended 31 August 2022

	Unrestricted £	Restricted £	Total £	2021 £
Represented by:				
Tangible fixed assets	-	-	-	1-
Investments	174,399	-	174,399	172,138
Bank	13,118	-	13,118	11,065
Debtors	640	-	640	640
Creditors	(2,090)	-	(2,090)	(2,661)
	186,067		186,067	181,182

The statement of financial activities includes all gains and losses recognised in the year. All incoming resources and resources expended derive from continuing activities.

Page 9

Balance sheet as at 31 August 2022

	Notes	2022		2021	
		£	£	£	£
Fixed Assets					
Tangible assets	2		-		-
Investments	3		174,399		172,138
			174,399		172,138
Current Assets					
Debtors	4	640		640	
Cash at bank and in hand		13,118		11,065	
		13,758		11,705	
Creditors: amounts falling					
due within one year	5	(2,090)		(2,661)	
Net current assets			11,668		9,044
				•0	
Total assets less current					
liabilities			186,067		181,182
Funds					
Unrestricted					
Capital	6		179,857		176,344
Revenue	6		6,210	-	4,838
			186,067		181,182

The financial statements were approved by the Trustees on 30 March 2023 and signed on its behalf by:

Ellen Dickie

Preses

Page 10

The notes on pages 11 to 13 form an integral part of these financial statements.

Notes to the financial statements for the year ended 31 August 2022

1. Accounting policies

1.1. Basis of preparing the financial statements

The financial statements of the charity have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)',

1.2. Income & Expenditure

Income from subscriptions, donations and legacies is credited to the income and expenditure account in the year in which it is received.

Investment income comprises dividends declared during the year and interest earned on listed and unlisted investments.

Other incoming resources are included when the charity is entitled to the income.

Expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for the expenditure.

1.3. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment - 33.3% Straight Line

1.4. Investments

Fixed asset investments are re-valued at mid-market value at the balance sheet date and any gain or loss is taken to the Statement of Financial Activities.

1.5. Trustees remuneration

The trustees receive no remuneration or expenses for their service as trustees. There were no employees during the year.

1.6. Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.7. Comparative figures

On 20 April 2022 The Incorporated Glasgow, Stirlingshire & Sons of the Rock Society, a company limited by guarantee, was registered as The Sons of the Rock Society SCIO. As both the charitable company and SCIO remained the same in terms of their purpose and activities, the results of both were combined for the whole of the reporting period for the year to 31 March 2022.

Notes to the financial statements for the year ended 31 August 2022

2. Tangible fixed assets		
	Fixtures, Fittings and equipment	Total
	£	£
Cost		
At 1 September 2021	1,363	1,363
At 31 August 2022	1,363	1,363
Depreciation		
At 1 September 2021	1,363	1,363
At 31 August 2022	1,363	1,363
Net book values		
At 31 August 2022	_	
At 31 August 2021		_

3. Fixed Asset Investments

Fixed Asset investments	Listed Investments £
Market value	
At 1 September 2021	172,138
Additions (at cost)	-
Disposals	(1,229)
Gain on revaluation of investments held at 31 August 2022	3,490
At 31 August 2022	174,399
Historical cost	
At 31 August 2022	132,049
At 31 August 2021	122,903

Notes to the financial statements for the year ended 31 August 2022

4.	Debtors	2022 £	2021 £
	Debtors	640	640
5.	Creditors: amounts falling due within one year	2022 £	2021 £
	Accruals and deferred income	2,090	2,661
6.	Movement in funds		

	Unrestricted Capital Fund £	Unrestricted Revenue Fund £	Total £
At 1 September 2021	176,344	4,838	181,182
Deficit on realisation of investments	246	-	246
Reversal of unrealised deficit on investments sold	(223)	-	(223)
Unrealised surplus/(deficit) on valuation of	3,490	_	3,490
investments			•
Transfer between funds	-	-	
Surplus for the year	-	1,372	1,372
At 31 August 2022	179,857	6,210	186,067

65.11.33

.